



Section 1 What is motion?

Underlined words and phrases are to be filled in by students on the Note-taking Worksheet.

- A. All matter is constantly in motion.
- B. Motion involves a change in position.
1. An object changes position relative to a reference point.
 2. Distance is the total length of the route an object travels when it moves.
 3. Displacement includes distance and direction of the stopping point from the starting point.
- C. Distance traveled divided by the time taken to travel the distance is called speed.
1. The formula for speed can be written as: $\text{speed} = \text{distance}/\text{time}$.
 2. The units of speed are units of distance divided by units of time; in SI units, speed is given as meters per second (m/s).
 3. An object in motion can change speeds many times as it moves from one point to another, speeding up or slowing down.
 - a. Average speed is the total distance traveled divided by total time taken.
 - b. An object's speed at a particular moment in time is called instantaneous speed.
 - c. Constant speed occurs when an object travels at a steady rate with the same instantaneous speed for some period of time.
- D. Motion can be graphed on a distance-time graph with time plotted on the horizontal axis and distance plotted on the vertical axis.
1. The steeper the line on a distance-time graph, the greater the speed.
 2. A horizontal line on a distance-time graph indicates that no change in position is occurring, and the speed is zero.
- E. Velocity—speed of an object and its direction of motion; velocity changes if either, or both, of these changes.

DISCUSSION QUESTION:

What is instantaneous speed? *The speed of an object at a particular moment in time*

Content Outline for Teaching (continued)

Section 2 Acceleration

- A. **Acceleration**—change in velocity divided by the time for the change to occur; it can include an object's speeding up, slowing down, and/or changing direction
- B. Acceleration can be calculated if you know how an object's velocity has changed during a given time period.
1. The formula for calculating acceleration is: $\text{acceleration} = \text{final speed} - \text{initial speed} / \text{time}$ or $a = (s_f - s_i) / t$.
 - a. The unit of acceleration is distance divided by time squared; in SI units, acceleration is given as meters per second squared (m/s^2).
 - b. Acceleration is positive when an object speeds up and negative when an object slows down.
 2. Accelerated motion can be graphed with speed on the vertical axis and time on the horizontal axis.
 - a. An object that is speeding up will have a line on a speed-time graph that slopes upward.
 - b. An object that is slowing down will have a line on a speed-time graph that slopes downward.
 - c. A horizontal line would indicate acceleration of zero, or constant speed.

DISCUSSION QUESTION:

Acceleration includes what three ways an object's motion can change? *Speeding up, slowing down, or changing direction*

Section 3 Momentum

- A. The amount of matter in an object is its **mass**; **inertia** is the tendency of an object to resist a change in its motion.
- B. **Momentum**—measure of how hard it is to stop an object; calculated as mass times velocity
1. With momentum expressed as p , the equation can be written as: $p = mv$.
 2. Momentum increases if the mass or velocity of the object increases.
 3. Momentum has direction that is the same direction as its velocity.

Content Outline for Teaching (continued)

C. **Law of conservation of momentum**—the total momentum of objects that collide with each other does not change.

1. There are many ways collisions can occur.
 - a. In one type, objects stick together and move still stuck together, although possibly at different speeds.
 - b. In another type, two objects bounce off each other when they collide, and may transfer momentum from one to the other.
2. In both cases, the total momentum of the objects that collide is the same before and after the collision.

DISCUSSION QUESTION:

How is momentum calculated? *Momentum equals mass times velocity.*